

Your Place to Connect, Belong, Share, Be Seen & Thrive

The Older Adult Program

*We provide a safe, supportive
space where you can feel heard,
validated, and informed.*



Staff Have life experience
dealing with issues
concerning older adults.



We've made a difference
in the lives of every person
we've connected with.



How We Help:



Advocate



Support



Provide
Resources



Educate

**Contact us or scan
code to learn more:**

(845) 634-5729 Ex: 3013



MISSION

VCS empowers people through compassionate, culturally sensitive counseling and clinical services that are accessible and affordable; fostering hope, and a healthier, more resilient community.



Get the Support You Need:

Graduate Student Internship Program

We train and mentor graduate students through direct service so they can build skills, confidence, and careers in mental health.

The Beth Kipperman Student Advocacy Program

We help students and families understand their education rights, solve school challenges, and get the support they need to succeed.

The Older Adult Program

We provide a safe space for older adults and their families to feel heard, supported, and connected to helpful resources.

Wellness Coaching

We help individuals break big goals into small steps, overcome obstacles, and build the confidence to keep moving forward.

Mental Health Clinic

We provide therapy, peer support, and medication management to help people manage stress, improve mental health, and learn coping skills.

Entre Mujeres

We offer Spanish-speaking women a safe, supportive space to share experiences, learn about mental health, and connect with community resources.



**DONATE TO FUEL
OUR MISSION**



**FOLLOW &
ADD US!**



VCS-INC.ORG



(845) 634-5729



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