



"I will always remember what
VCS did for me and now will do
for my daughter."

77 South Main Street
New City, NY 10956
Phone: (845) 634-5729

vcs@vcs-inc.org www.vcs-inc.org
<https://www.facebook.com/VCSRock>

1970

WE
UN
SIN
S

WE ATZE

VCS
Inc.

2017 ANNUAL REPORT



Sarah Goforth, MS, CMC, CADCII
Executive Director

“If we all work together, we can address the challenges of mental illness and make good things happen for many of the most vulnerable members of our community.”

Dear Friends,

August 19, 2018 will mark five years for me as the Executive Director at VCS. Time flies when you are busily engaged in both challenges and successes with a steadfast belief in the VCS mission. I am frequently asked: what does VCS do *exactly*? Well, the answer is: VCS is an individual, family counseling and mental health treatment center with an anti-racist social justice mission and we save lives every day.

Our Mental Health Clinic celebrated three years in operation this June and targets 12 percent growth for 2018. As our Individual and Family Counseling Services Program approaches its 50th year it now holds two counselor candidate trainings a year in English, and two in Spanish. We continue to be one of the most sought after internship sites for people seeking master’s degrees in behavioral healthcare. Our Services for Older Adults and their Families reach more and more people every day, as does our Parenting Apart Program.

Our Student Advocacy Program was recently funded by the Rockland County Department of Social Services. In continuing to provide low cost services where there is need, we launched our Spanish Language Counseling Program called Puentes (Bridges). We now have a bi-lingual bi-cultural Spanish speaking person in all of the programs we offer.

Our country is experiencing an unprecedented level of violence; VCS has answered the call for action. It all starts with our youth. Our in-school programs counsel families in the East Ramapo School District and was recently contracted to work in the South Orangetown Middle School. In addition, The Rockland County Youth Bureau, United Way and The Rockland County Community Foundation continue to fund this program.

MESSAGE FROM SARAH

The issue of domestic violence in our state continues to be one of the challenges that we face. Our New York Model Batterer Program not only serves the local community courts but is a national teaching model as well. Our partner, the Center for Safety and Change, wrote a grant that focuses on serving the Spanish speaking community. We were fortunate to be awarded funds through this grant enabling us to hire a bi-lingual bi-cultural retired NYPD police officer to the program.

As the political climate in our country changes we have had a record breaking number of attendees for the Undoing Racism Workshop that VCS hosts with partner, The People's Institute for Survival and Beyond. Additionally, VCS won a Non Profit Infrastructure Capital Investment Program grant for \$75,000 to create additional consultation rooms on the third floor, replace worn carpet, and repair the front steps of our building.

The VCS mission is carried out with a sense of pride and purpose by a unique blend of volunteer and professional staff and an active, vital Board of Directors. The report that follows is a synopsis of our work and accomplishments in 2017. The greatest measure of our success continues to be the number of individuals, young people and families who look to us for help. Our organization has been a Rockland County institution since 1970. We are proud to be a resource for countless people in Rockland County who otherwise would not be able to access services.

Thank you,



Sarah Goforth, MS, CMC, CADCII
Executive Director





Counseling and Family Services

- Puentes (Bridges) services provided completely in Spanish (counseling, parenting, school advocacy & others)
- Lesbian, Gay, Bisexual and Transgender counseling by LGBT and LGBT affirming counselors
- Divorce and Parenting Apart Programs
 - ◊ Individual Counseling
 - ◊ Classes for separated parents to manage their interactions to best support emotional and other needs of their children
- Services for Older Adults and their Families
 - ◊ In-home counseling for homebound people over 60
 - ◊ Resource Center with crucial information for eldercare provided through in person and phone consultations, family meetings and workshops
 - ◊ Caregiver Support Group is offered twice weekly, daytime and evening
- Grandparents/Relatives Raising Children (RAPP) provides a monthly support group, school advocacy, counseling, home visits, case management & information and referrals
- VCS Mothers & Father's Group is conducted in English and Spanish.
- Employee Assistance Services for people within companies
 - ◊ Workshops
 - ◊ Counseling

"We each have our own journey but humanity is universal."

Counselor Training Program

Lay people and professionals from the community are recruited, screened, trained and supervised to provide high level counseling to others. Training programs are held four times a year, twice in Spanish and twice in English.

Mental Health Clinic

The VCS Mental Health Clinic is licensed by the New York State Office of Mental Health to provide outpatient mental health treatment, including individual therapy and psychiatric services to adults (age 18+) with a diagnosable mental health condition and who meet medical necessity for a higher level of care.

Graduate Student Internships

VCS continues to be a highly sought after and competitive placement for social work and counseling programs (MSW, Marriage and Family Counseling, Mental Health Counselors) throughout the NY Metropolitan area. Many interns go on to become VCS staff members or ongoing dedicated volunteers and are well prepared in their fields.

Domestic Violence Programs

- NY Model for Batterer Programs National Training Institute
- VCS Domestic Violence Program for Men
- Individual counseling available to domestic violence survivors/victims - in collaboration with the Center for Safety and Change

Racial Justice Initiatives

- Administering the Undoing Racism Workshop, presented by the People's Institute for Survival and Beyond
- Consulting with groups, businesses, institutions on issues of racial justice
- Monthly discussion group for Undoing Racism Workshop graduates are conducted once in the daytime and once in the evening

Youth Programs

The start of the 2017-2018 school year was tremendous for the FINS program. We implemented our pilot de-escalation program at Spring Valley High School that was a huge success in more ways than expected. It allowed us to identify additional ways to prevent crisis before it even begins. In the winter of 2017, we also piloted our Spanish group, Soñadores Sin Limites, which was open to all Spanish speaking students who have been in the country less than one year. Our students connected so well that they chose the name for the group and designed their own logo. (See picture.) Please stay tuned for more exciting FINS developments in 2018!



Student designed logo for the Pilot Spanish group

The **Rockland Student Advocacy** Program has continued to provide information, referrals and direct advocacy support to over 200 Rockland families in 2017. We help to empower parents to be good advocates for their children's educational needs. By providing parents with information about their rights and their children's rights, and helping them understand how to communicate effectively with their prospective school districts, we provide a valuable service to children in all eight Rockland school districts and Rockland BOCES.

In the year 2017 **Parenting Apart** recognized certain groups had specific needs. We began to offer parents and children in our program one-on-one counseling in Spanish with a bilingual counselor and a 4 hour weekend Parenting Apart class alternating between Saturdays and Sundays to accommodate Sabbath observers.

As expected, our case load of Domestic Violence cases has increased. We work collaboratively with the Center for Safety and Change to address these issues. This has been a focus of our work over the last 2 years. The feedback from clients indicates that our effort, in this regard, is appreciated and that they feel validated in their experience.



Counselor Training Program

Our Counselor Training Program is highly regarded throughout the county and by many prominent educational institutions as an effective and practical preparation for counselors. It is required for anyone working, interning or volunteering at VCS. In 2017, we trained 33 lay community members and 7 interns who are now active and dedicated counselors. The diversity of this training group continually grows. We have counselors fluent in Spanish, Creole, Hungarian, Greek, Russian and Italian.

Services for Older Adults and their Families

The death of Ellie Jacobson in March of 2017 was a shock to everyone, and a great loss. Ellie's warm demeanor, combined with her immense knowledge of services for seniors in the county, are greatly missed. She had served VCS for over 20 years.

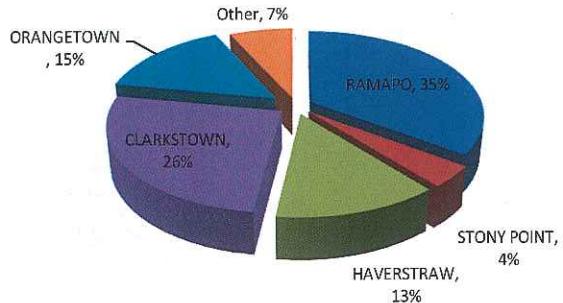
In August of 2017, Jill Bieber, a former volunteer counselor with VCS, came on board to coordinate the services for older adults.

* The Outreach to Elders program (which provides in-home counseling to seniors) is thriving, with 8 volunteers serving 16 to 20 clients at any given time. These clients live in all parts of the county and represent a range of ethnicities and backgrounds. The majority are in their 70's and 80's, with health and financial concerns as well as emotional issues. Having a counselor come to their homes to meet with them on a weekly basis has been enormously helpful.

* The Caregiver Support Group has expanded to include an evening group, which is very well attended. It is facilitated by Darcy Bauer, who works at The Office for the Aging and is a wealth of information and resources.

* The Caregiver Resource Center continues to take calls on a daily basis, and responds to requests for information about subsidized senior housing, caregiver agencies and transportation options in Rockland County.

Distribution of Counseling Clients



VCS
PUNTES

Spanish Language Counseling

In 2017 we served approximately 70 Spanish speaking clients. The Program now has its' own name and logo due to the ever present need for Spanish counseling services. We continue to offer services in individual counseling, parenting and couples counseling. We also assist clients with receiving services in the following programs: Parenting Apart, School Advocacy, Domestic Violence and our Mental Health Clinic.

Our collaboration with community organizations has expanded. We are collaborating with the following organizations for the convenience and benefit of our clients: Central Presbyterian Church in Haverstraw, Hudson River Health Clinic in Haverstraw, Hudson River Health Clinic in Spring Valley, Haverstraw Community Center, Creative Response to Conflict, Family Connections & Center for Safety & Change.

“Let me say, VCS received glowing comments from the people I spoke with. The things people liked most about VCS were the highly qualified and caring staff, the short wait time for an initial visit and the referrals to community supports and services that augment the recovery process.”
From Brigid Piggott, LCSW of Rockland County Mental Health

2017 was the VCS Mental Health Clinic’s third year in operation, and was another successful year. We increased our team to twelve staff members, including two interns who began working with us in September. The staffing increase allowed us to increase our capacity to 150 clients. We worked with 246 unique individuals over the year in a total of 4,190 appointments (about 30% growth from the prior year).

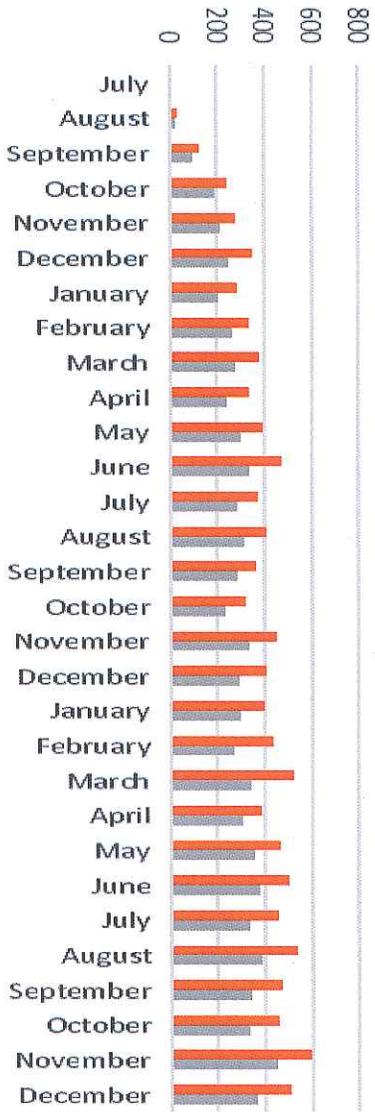
The expansion resulted in some growing pains for us, but thanks to the hard work of our team, we were able to create new clinical space at VCS, and refit the clinic team room to accommodate our growth. A grant from DASNY, New York State’s developer made this construction possible. We are also grateful Finkelstein Library, Bernhardt Moving and the Rockland PC Users Group for supporting our growth and donating time and equipment to assist in our expansion.

We are also happy to report that we, once again, overshot our budget target for the year by about 10%. We could not have achieved this without a highly dedicated team of clinicians and administrative staff, each one of whom played an integral part in another very successful year. We are excited to continue to grow in 2018 and to sustain our reputation in the community for professional, effective, and compassionate service to our clients.



New consultation rooms for our expanding Clinic

Appointment Attendance



■ Appointments booked ■ Appointments kept



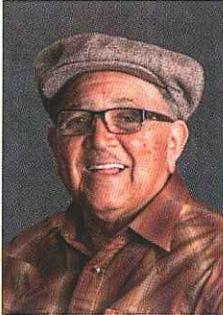
Top Row: Ester Ben-Dov, Jamie Hopper, Ian Laidlaw, Bill DeSiena, Elora Kalish, Felicia Asch, Evelyn Carayannis, David Shipper
Bottom Row: Reka Foster, Willie Mae Murphy, Stella Farrell



UNDOING RACISM WORKSHOP

The People's Institute for Survival and Beyond

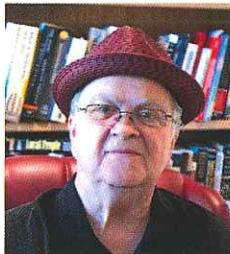
Highlights for 2017



Ron Chrisolm, Founding Director,
People's Institute for Survival and
Beyond



Barbara Major, Core Trainer, People's
Institute for Survival and Beyond



David Billings, Core Trainer, People's
Institute for Survival and Beyond

"We have had a record breaking number of attendees for the Undoing Racism Workshop that VCS hosts with partner The People's Institute for Survival and Beyond"

Working together for Racial Justice

- Administered 6 Undoing Racism Workshops - 262 participants
- Facilitated morning monthly community discussions and began monthly evening discussions
- Continued ongoing racial justice training with VCS staff and counselors
- Consultant to Nyack Public Schools towards achieving racial equality

Domestic Violence Presentation to NYC Transit Workers Union



NYS School Board Regent Judith Johnson
and Phyllis B. Frank

VCS RACIAL JUSTICE AND DOMESTIC VIOLENCE INITIATIVES

NY Model for Batterer Programs National Training Institute

- ◇ Rockland County, NY in May and October
- ◇ Buffalo, NY in May



NEW YORK MODEL for BATTERER PROGRAMS

VCS Domestic Violence Program for Men

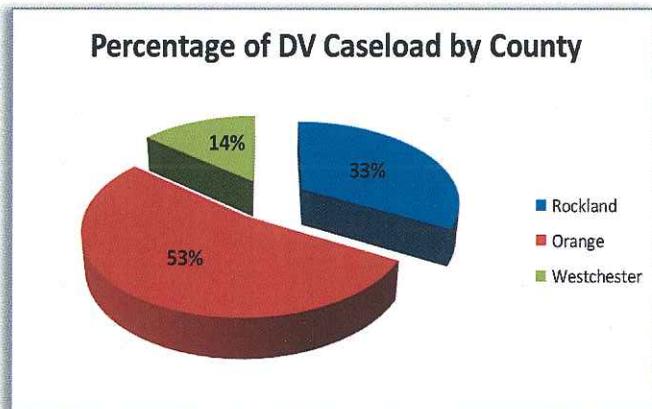
Classes for court mandated participants were conducted in Rockland, Orange and Westchester Counties serving domestic violence, criminal, family and IDV courts in those counties.

- Rockland: # of men ordered 69
- Rockland: # of men who became participants 73*
- Orange: # of men ordered 112
- Orange: # of men who became participants 115*
- Westchester: # of men ordered 33
- Westchester: # of men who became participants 30



*The number attended is more than the number ordered as there were several ordered at the end of 2017 who would not be counted in the "Ordered" but would be counted in the "Attended".

Instructors: Haki Baruti, Linda Berns, Barry Goldstein, Tony Garnere, Alan Gilliam, Denise Johnson, Sylvia Nieves, Jose Roman



Community Recognition

In Celebration of Women for Venture, Camp Venture, Sparkill NY, 2017

Phyllis B. Frank was honored for her Social Justice leadership in Rockland County.

LGBTQ Pioneer Award, Rockland County Pride Center, 2017

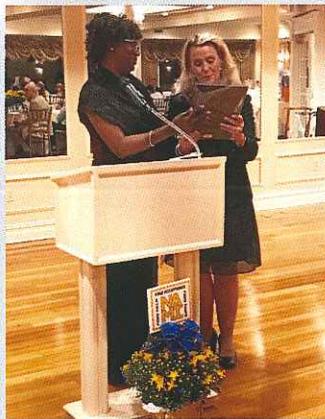
Inaugural award was presented to Phyllis B. Frank and named the Phyllis B. Frank LGBTQ Pioneer award – recipient to be chosen each year.

Rosa Serrano-Delgado was asked by the NYS Kinship Navigator to present the CURA Award for outstanding service to Assemblywoman Ellen Jaffee on their behalf in Albany.

The National Alliance on Mental Illness (NAMI Rockland) presented the Florence Gould Gross Award to VCS, as a non-profit organization that has provided accessible and affordable counseling services to families and individuals since 1970.

VCS was one of 12 non-profits chosen to participate in Active International's Circle of Hope at the 2017 Rockland-Bergen music festival in Tappan, NY. This venue afforded the non-profits the opportunity to interact with the public and get to know one another.

VCS was invited to participate in the Rockland Boulders/Active International Charity Challenge.



Marie Wood Smith presenting Sarah Goforth with NAMI Rockland award



Phyllis B. Frank, presenting at a NYC Domestic Violence Convention

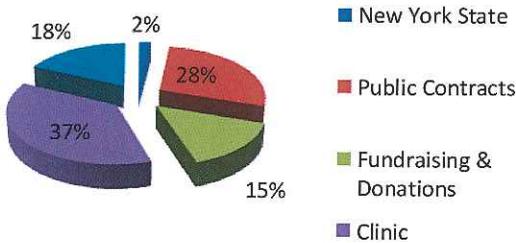
VCS Funding Sources

During 2017, VCS received funding from many generous private foundations, corporations and individual donors, as well as the following contractors:

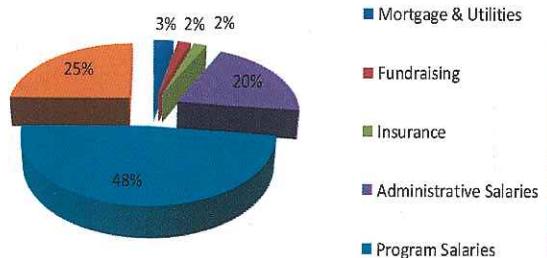
Active Cares
 BOCES
 Camp Venture
 NYS Medicaid
 NYS Medicare
 NYS Office of Children & Family Services
 NYS Office of Mental Health
 Rockland Community Foundation

Rockland County Dept. of Probation
 Rockland County Dept. of Social Services
 Rockland County DA's Office
 Rockland County Office for the Aging
 Rockland County Office of Mental Health
 Rockland County Youth Bureau
 United Way of Rockland County
 Village of Spring Valley

2017 Revenue



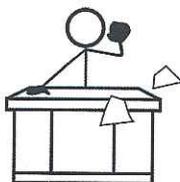
2017 Expenses





2017 Volunteer Counselors and Student Interns

Raquel Abru	Lorraine Garcia	Maria Perez
Margie Adames-Torres	Malki Gartenberg	Barbara Pflugst
Deana Adams	Ginny Geerdes	Angela Platek
Judy Aiston	Carina Genova	Marie Pierre
Denet Alexandre	Louis Gilbert	Kristen Plake
Evelyn Almanzar	Cindy Gisser	Myrna Price
Felicia Asch	Baila Glauber	Ashley Rappaport
Barrie Austin	Monica Griffin	Eva Rapport
Kathy Bareket	Deanna Grinshpun	Andrew Raska
Rebecca Bassin	Tiffany Grosso	Suki Robins
Darcy Bauer	Sandra Henriquez	Kareen Ruiz
Maria Bautista	Ricki Herbst	Judy Ryan
Diane Bender	Judy Judka	Darla Salmon
Joseph Benedikt	Devorah Karp	Reinaldo Sanchez
Richard Benfield	Doris Katz	Lucero Sanchez
Valerie Bernan	Benjamin Kaufman	Monserrat Santana
Kathy Bernhardt	Jacqueline Kelly	Sue Saslaw
Nancy Bowen	Lorraine Knabe	Paula Schwartz
Eileen Burge	Nancy Kupperman	Deborah Sheehan Esq.
Diane Campbell	Bonnie LaBar	Doreen Shepard
Evelyn Carayannis	Ian Laidlaw	David Shipper
Kathy Carty	Laura Laureti	Susan Silver
Zachery Chaiken	Suzanne Lefkowitz	Melissa Smith
Tina Chamak	Dana Levine	Pamela Stone
Wendy Cohen	Bari Lewart	Martha Taveras
Garrett Crozier	Laurie Lieberman	Alice Taylor
Bill DeSiena	Ricardo Lima	Erica Trestyn
Karen Dorangrichia	Debby Marcarelli	Deborah Triglia
Phyllis Eisenberg	Gail Maurer	Migdalia Valdes
Joan Faison	Audrey Mayer	Sonia Wagner
Stella Farrell	Xiomara Menendez	Caroline Walker
Susan Farrell	Linda Mower	Joan Ann Wasser
Iris Febres	Willie Mae Murphy	Moshe Weiss
Jacqueline Fine	Chrystelle Okwo	Zvi Weiss
Reka Foster	Everlyn Pacheco-York	Marie Wood-Smith
Sheila Rees Foster	Amy Palefsky	Mindi Yeager
Michelle Francois	Ellen Palop	Alba Zayas
Rosemarie Frisone		



2017 VCS Reception Desk

Danielle De Courcey
Fran Greenberg
Madeline Newman
Myrna Price

2017 VCS Special Recognition

For years of service to VCS El Grupo de Madres
Eileen Burge

For Photography
Ginny Geerdes, Shadow Photography

For special help with decorations at our events
Maria Perez

For providing VCS Staff with Yoga Classes at VCS
Betsy Benjamin

For presenting VCS with a new volunteer
Darla Salmon



Ryder Salmon

2017 VCS Golf Committee

Diane Campbell
Barry Dorfman
Susanne Fitzpatrick
Phyllis B. Frank
Ginny Geerdes
Sarah Goforth
Nancy Kupperman
Bari Lewart
Douglas Mattliano
Patti Trichon



Barry Dorfman golfer and
VCS Board Member



Peace

Special Thanks
Judy Andersen ~ Maria Perez



Simona and Jerry Chazen

\$10,000 or more

The Chazen Foundation
PDI, Inc. (Jonathan Kupperman)

\$1,000 - \$9,999.99

Albert Palancia Insurance Agency
(Benjamin Palencia)
Apple Bank for Savings (Anita Levine)
Atlantic Tomorrow's Office
(Bob Goldman)
Betsy and Jeff Benjamin
Bernhardt Moving (Don Bernhardt)
Steven Breen
Toni Fallon
Mimi and Bernie Gelb
Inserra Supermarkets Inc.
Kurz Family Foundation
Liberty Mutual Group (Barry J. Dorfman)
M&T Bank (Arlene Rodgers)
Morgan Stanley (Julie Wendholt)
Morgan Stanley Wealth Management
(Douglas Mattliano)
Paul and Mary Adler Charitable Fund for
Good (Paul Adler)
Quartet Financial Systems Inc.
(Kathy Perrotte)
Judy and Bill Ryan
Stephen Seward
The M & T Charitable Foundation
(Frank Micalizzi)
Mary Ann Tozer
Richard E. and Elisabeth Voigt
Corey and Suzanne Weiss

\$500 - \$999.99

California Closets (Susan Kangas)
Citizens for Hoehmann
Classic Mortgage, LLC (Larry Denike)
DeCicco of New City
Electronic Office Systems
(Jim Gallagher)
Ginny Geerdes
Korn, Rosenbaum,
Phillips & Jauntig, LLP
Marshall's of Nanuet (Arlene Ivory)
Gail Maurer
Charles F. McGarvey
Mario and Kristine Occhicone
Orange & Rockland
Prestige Employee Administrators,
Inc. (Tim Kelly)
Nancy and Jose Rosa
RRC CPAs P.C. (Stephen Russo)
Tallman OBGYN (Henry Bareket)
Volition Gallery & Studio, Inc.
(Phyllis Dodge)
Roy Wooters

\$250 - \$499.99

Charles Apotheker
Jeremy Apotheker
Aufgang & Subotovsky Architecture
(Hugo S. Subotovsky)
Trish Austin
James Barry
Don and Barbara Bermack
Donna Borell
Connie Coker
Harriet Cornell
Matthew and Deanna Deutschman
Phyllis Eisenberg
Dennis Fleming and Gail Fleur
Phyllis B. Frank
Friends of Maureen Porette
(Maureen Porette)
Sarah Goforth
Hendo Contracting (Bob Henderson)
K & M Newspaper Services, Inc.
Doris Katz
David and Elaine Kurland
Thomas M. Micelli
Myrna Price
Suki Robins

Rockland PC Users Group
(John Zwynenburg)
Arthur Rogovin
Phyllis Ross
Richard Wolff
Wylene Branton Wood
Ziccardi & Rella (Matt Ziccardi)

\$100 - \$249.99

Aldan Press
Mary Jane Alexander
All Bright Electric (Howard Hellman)
Back To Earth (Anthony Von Hagen)
Nancy Bowen
David Brand
Shelly Burns
Carpets Plus of New York
(Ron LaGuardia)
Cartridge Authority (Hal Deutschman)
Tina Chamak
Cosmetic and General Dentistry of
New City (Joel Schier)
CSC Inc. (Elizabeth Santiago)
Mary Lou Dillon
Eyes of Nanuet (Michael H. Smith)
Rena Finkelstein
Firehouse Subs (Tejash Patel)
Rosemarie Frisone
Insperty Services
Tina Izquierdo
Jawonio, Inc. (Dana Ferraro)
Beth and Edward Kipperman
Hadassah Kramer
Bonnie Kurtz
Sande and Gary Lefkowitz
Bari Lewart
Amy Littman
Sandra LoConti
Barbara McCole
Carol Miller
Rosemary and Daniel Moscato
Helen Myers and C. William Costello
Daniel O'Connell
Orangetown Smiles (Jordan Lewart)
Everlyn Pacheco-York
Sheila Rees Foster
Susan Ridge
Rockland Bakery, Inc.
St. Thomas Aquinas College
(Ellen Loftus)

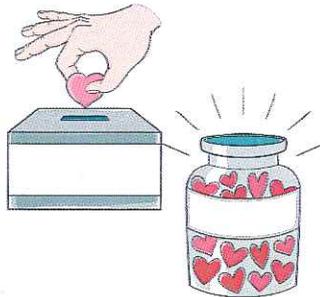
Stop & Shop (James Keenoy)
 Alice Taylor
 Vista Electric
 Joan Ann Wasser
 Yemaya Massage & Wellness Center

\$50 - \$99.99

Brooks, Joan
 Diane and John Campbell
 Kathy Carty
 Maryalice Chaifetz
 Climatrol, Inc. (Linda Laquaglia)
 Herbert Cooper
 Friends of Thom Kleiner
 Bonna Lynn Horovitz
 Doreen Hurley
 Thom and Debra Kleiner
 Brooke Malloy and Matt Ortiz
 Ann and Robert McGarvey
 Edith Ocampo
 Ellen Palop
 Harold Parker
 (The Corner Frame Shop)
 Ira Rifken
 Rockland County Commissioner of
 Mental Health (Michael Leitzes)
 Rockland County Legislature
 (Alden H. Wolfe)
 Dana Simons
 Paul Wnorowski
 Marie Wood Smith
 Joseph and Michelle Zweig



Jonathan and Nancy Kupperman

**\$49.99 or less**

Deana Adams
 Myrna Arin
 Jill Bieber
 Howard and Chickie Cohen
 Linda Gartenberg
 Maureen Gowan
 Trudy and Fred Honigman
 Naomi Honor
 Patricia Lander and Claudette Charbonneau
 Sylvia Miller
 Lauren Montanaro
 Kathleen Munoz
 Angela Piatek
 Stanley and Zeldia Rosenzweig
 Susan Rosenzweig
 Susan Silver
 Mary Louise and Eugene Tomaselli
 Patti and Donald Trichon
 Barbara Valente
 Chris Vanasse

You can make a real difference
 in someone's life with a
 donation to VCS. You can send
 a check, donate online, make a
 sustaining monthly donation or
 provide an endowment.

www.VCS-inc.org
[Facebook.com/vcsRock](https://www.facebook.com/vcsRock)
 845-634-5729

DONORS (CONTINUED)

IN KIND

16 Handles
A Taste of Distinction
Atlantic Tomorrow's Office
(Bob Goldman)
Trish Austin
Kathryn Bareket
Beauty Plus Salon
Betsy and Jeff Benjamin
Best Buy Liquor & Wine
Big Daddy's Wine & Liquor
Bow Tie Cinemas Fine Arts
Geoffrey Cabrera
Caked Up! (Kevin & Denise
Byrnes)
Calabria Pizzeria
Carvel
Challah Fairy
Clarins USA (Lucas Pétry)
Clarkstown Pharmacy
Cloud9 Froyo Cafe
Wendy Cohen
D & D's Restaurant and Pub
Da Nina
David's Bagels and Health
Eatery - New City
Design Lighting by Marks
DoubleTree by Hilton (Jeff
Weinberg)
Dunkin Donuts of Bardonia
Dunkin Donuts of New City
Dusty Rose
Gelbart Jewelers
Ginny Geerdes
Goldberg's Famous Bagels

Melanie Grossman
Hallmark - New City
Hallmark - Palisades Center
Hand & Stone
Helen's Handbags
Infinity (Michele Shinder)
Italiana's
JCC of Rockland
JLK Salon
Joseph Taylor Salon
Alyce Kitt
Jonathan Kupperman
Alan Levine
La Fontana Restaurant
La Terrazza
Bari Lewart
Marcello's Ristorante of
Suffern
Morgan Stanley Wealth
Management (Douglas
Mattliano)
Mountain View Deli
Mt. Ivy Cafe
Nails by Johanna (Johanna
Oliveros)
New City - Body and Brain
Yoga - Tai Chi
New City Bowling and
Batting Cages
New City Kosher Deli
New Lily Nail Spa
Orange Theory
Orangetown Smiles (Jordan
Lewart)

Patriot Hills Golf Club
Pepe Ramon Hair Salon
(Raymond Jankowski)
Maria Perez
Pet Palace of New City, Inc.
Angela Piatek
Renee's Readers
Sheila Rees Foster
Spook Rock Golf Course
Suki Robins
Rocket Wraps
Rockland Country Club
Sazone Latin Fusion
Shear Magique Hair Studio
Sign of the Times
Signature Cleaners (Lisa Choi)
Tequilla Sal y Lemon
The Burger Loft
The Fruit Factory
The Place Restaurant
Things I Love, Inc. (Sandra
Leylegian)
Touch of Class Cleaners
Patti and Donald Trichon
Vibe Hair Salon
Victors Pizza and Restaurant
Vision Sports Club
Wegmans Food Markets, Inc.
(Linda Lovejoy)

* Any omissions to our donor list are not intentional. We deeply appreciate all the support we receive.

"VCS has taught me how to have a healthy relationship and accept people for who they are."

BOARD AND STAFF MEMBERS



Officers

Board of Directors

Mary Ann Tozer, President
Phyllis Eisenberg, Vice President
Steven Breen, Treasurer

Members

Board of Directors

Simona Chazen, LCSW
Connie Coker
Barry J. Dorfman
Toni Fallon
Dennis Fleming
Mimi Gelb, LMFT
Jonathan Kupperman
Anita Levine
Douglas J. Mattliano
Mario Occhicone

Advisory Board

Jeffrey M. Adams
Hon. Harriet Cornell
Jan Degenshein
Hon. Frances M. Hunter
Lawrence S. Karnbad
Leonard Lipson, MA
Amy Baldwin Littman, Esq
Dennis McGloster
George Menken, DDS
Hon. Howard Miller
Selma Porter, CSW
Les St. Louis
Thomas Torpey

Executive Staff

Sarah Goforth, MS, CMC, CADCI, Executive Director
Phyllis B. Frank, Senior Director
Nancy Rosa, Financial Director

Administrative Staff

Bari Lewart, Executive Administrator
Patti Trichon, Special Projects Coordinator
Marie Wood Smith, Volunteer Coordinator
Jamie Hopper, MFT, Clinic Coordinator
Yosmeirin Hilario, Daytime Receptionist
Fran Greenberg, Evening Receptionist

Counseling and Family Services

Rosa Serrano-Delgado, LCSW, Manager
Jill Bieber, Services for Older Adults & their Families Coordinator
Kathy Carty, Families in Need of Support Coordinator
Beth Kipperman, Student Advocacy Program Coordinator
Ellyn Rabinowitz, LCSW, Student Intern Program Coordinator
Darla Salmon, Parenting Apart Coordinator
Montserrat Santana, Puentes/RAPP Coordinator
Shelly Burns, LCSW, Divorce Services
Marie Wood Smith, Volunteer Coordinator

Mental Health Clinic

Dr. Richard Price, Psychiatrist
Ian Laidlaw, LCSW, Manager
Bari Lewart, Executive Administrator
Ester Ben-Dov, LMHC
David Shipper, LMHC
Willie Mae Murphy, LMSW
Stella Farrell, LMSW
Felicia Asch, LMSW
Bill DeSiena, MSW
Reka Foster, LMFT

Domestic Violence Program for Men

Phyllis B. Frank, Senior Director
Susanne Fitzpatrick, Records & Administration
Vanessa Green, Senior Supervisor, Registrar, Instructor
Nelson Izquierdo, DVPM Court Liaison, English/Spanish
Darla Salmon, DVPM Instructor

Training and Social Justice Programs

Phyllis B. Frank, Senior Director
Vanessa Green, DV Program Coordinator, Racial Justice Organizer
Darla Salmon, Program Assistant