



A Year of Action

2014
ANNUAL REPORT

VCS is a counseling and family service agency with an anti-racist, social justice mission.

A MESSAGE FROM SARAH

I began my tenure as the VCS Executive Director in August of 2013 and it is hard to believe, at the writing of this letter, almost two years have passed since I walked through the door at VCS to start work! My joke is that once you drink the water at VCS you become part of the agency and never leave. We are fortunate

to have many members of staff and our volunteer workforce who have been with VCS for several years and are dedicated in good times and bad.

I have titled this year's annual report: A Year of Action. The staff and myself set about to improve our house last year. We painted, installed new roofing, water proofed the basement, carpeted two floors of the building and had a lot of nice furniture donated by Active International. Many of these 2014 improvements came through the good will of donors in the community as well as agencies like United Way who deploy people to volunteer at local nonprofits twice a year. PDI has been the workforce through United Way who has been kind



enough to participate in our massive painting project. We thank Rockland County for its continued support.

In addition to serving countless clients in Rockland County as counselors, volunteers have tended to the front desk and done things like painted the railings leading into our building. VCS Inc. is a remarkable place and we have many plans for 2015 such as opening a licensed mental health clinic within our building to help support our precious resources; the volunteer counseling program and the social justice work we do such as Pride and the Undoing Racism trainings in the county.

Throughout 2014 almost 14,000 hours of service were provided to people seeking help. They turned to VCS for counseling -- often at times of personal and family crisis. We continued to expand our youth counseling programs in schools which have limited or no mental health services. We now offer a Spanish language counselor training program once a year. The need has been apparent for a few years but this year we were actually able to build capacity in order to make it happen. Our domestic violence program has expanded in Orange County making it one of the most viable programs in our agency.

The VCS mission is carried out with a sense of pride and purpose by a unique blend of volunteer and professional staff. Our staffing model provides low cost services for people who are either uninsured or underinsured.

The report that follows is a synopsis of our work and accomplishments in 2014. The greatest measure of our success continues to be the number of individuals, young people and families who look to us for help. Our organization has been a Rockland County institution since 1970 and we celebrate our 45th anniversary in 2015. We are proud to be an important resource for countless people in Rockland County that otherwise would not be able to access services.

Thank you,

Sarah Goforth

Executive Director

Sarah Leforth

VCS Services and Programs

Counseling and Family Services

- Counseling Program for Individuals, Couples and Families
- Parenting Apart
- Parenting Classes/Support Groups
- Program for Adolescents & Families in Need of Support
- Services for Older Adults and Their Families
- Relatives as Parents Program
- LGBT Clinical Services
- Employee Assistance Program
- Student Advocacy Program
- Spanish Language Services
- VCS/HACSO Collaboration
- Rockland Immigration Coalition



Community Change Project Programs

- Community Commitment to End Domestic Violence
- NY Model for Batterer Programs
- Lesbian, Gay, Bi-sexual, Transgender (LGBT) Educational Programs, Events, Support Groups
- Racial Justice Organizing and Training
- Community Defined Solutions Programs
- Court Training Improvement Program
- Gay Pride Rockland Annual Celebration in June
- Diversity & Cultural Competence Professional Training, Education and Workshops

Foster Grandparent Program

Volunteer Recruitment, Training and Supervision



2014 HIGHLIGHTS

Agency

- We held our two significant fundraisers for the agency: Our 11th Annual Golf Tournament and the Annual Appeal at the end of the year. We added Tennis to the Golf Tournament for the first time.
- Improvements were made to the infrastructure of the building including half a roof, carpeting, and water drainage in the basement.
- Began process to establish a VCS Clinic.











Counseling and Family Services

In 2014, our programs continued to expand along with the county's growing need for our services. During this year 106 volunteers contributed 12,660 volunteer hours to the agency. We were also home to 11 interns from eight different colleges in the Hudson Valley region.

In April 2014, VCS had the first annual dinner to honor volunteer counselors. The dinner was made possible by a bequest from Stan Hyman, a VCS counselor for many years, who left a bequest in his will to make it possible for volunteers to be honored in the way he thought they should be. The dinner was held at Del'Arte restaurant and was deemed a success by the 65 people in attendance, We were very grateful to Stan for starting a very much needed tradition for our volunteers.

In September 2014, we began our first counselor training all in Spanish. Rosa Serrano-Delgado, VCS Director of Spanish Language Programs, organized this highly successful training and eight more Spanish-speaking counselors joined VCS.

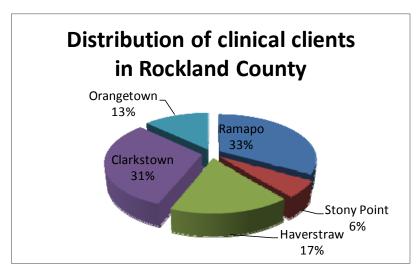
Also in September VCS hosted visitors from the Haitian women's ministry. They were eager to learn more about our models of domestic violence counseling for women and our domestic violence classes for men. It was a very successful visit.

FINS, our intensive counseling program for traumatized high school students and families in the East Ramapo Central School District funded by the Rockland County Youth Bureau, grew and developed remarkably in 2014. We began collaborating with multiple agencies and services including MHA of Rockland, Legal Services of the Hudson Valley, Planned Parenthood, the Rockland County Department of Health, and the Partnership for Safe Youth, to better support the vulnerable students and their families. We began training and working more extensively with gang and sexuality issues. We also provided training for school staff on trauma and child behavioral problems. FINS was awarded a grant by the United Way of Rockland County at the end of the year to expand into North Rockland Central School District in September 2015, so we are looking forward to the upcoming school year and bringing services to other school districts. A huge thank you to our FINS counselors, who go above and beyond to do some tremendous work in some very traumatic situations.

Additional highlights: VCS participated in many community coalitions, collaboratives, and task forces.

- We are regular members of the Health Priorities Steering Committee.
- VCS is home to the Rockland Immigration Coalition.
- In February, we participated in a Children's Legislative Forum to present elected officials with important information about the needs of children in our county.

We also participated in a series of meetings related to creating a Safe Haven for new mothers who needed to give up their babies in safe and legal places.



VCS Community Change Project 2014 Events

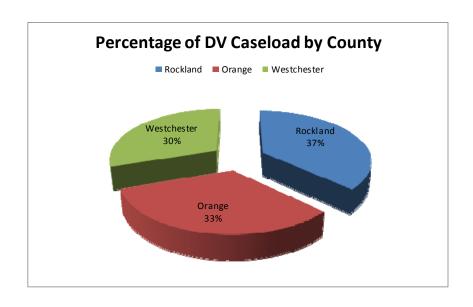
Community Change Project Staff represented VCS and especially VCS LGBT programming at four (4) Village of Nyack Street Fairs.

NY MODEL FOR BATTERER PROGRAMS

• VCS Domestic Violence Program for Men: Classes for court mandated participants were conducted in Rockland, Orange and Westchester Counties.

\Diamond	Rockland: # of men ordered	. 99
\Diamond	Rockland: # of men who became participants	. 105
\Diamond	Orange: # of men ordered	. 133
\Diamond	Orange: # of men who became participants	. 93
\Diamond	Westchester: # of men ordered	. 80
\Diamond	Westchester: # of men who became participants	. 86

- National Training Institute on the NY Model for Batterer Programs
 - ♦ Rockland County, New York
 - ♦ Buffalo, NY
 - ♦ Brooklyn, NY
- VCS Cultural Competence Drop-In Thursdays: Weekly meetings open to counselors, professionals
 and students. Ongoing dialogue about achieving cultural competence in the workplace. Topics
 include sex and gender equity, racial justice, economic and immigration status, ability, etc.



VCS Community Change Project (cont.)

LGBT (Lesbian, Gay, Bi-sexual, Transgender) & GAY PRIDE ROCKLAND EVENTS

 VCS LGBT Film Festival: Films meant to educate and/or entertain regarding LGBT issues, were shown at the Nyack Library, open to the public, at no charge.

- Community Social "Friend-Raisers"
 - o Meet and Greet at Restaurant X
 - o Comedy Night with Jessica Kirson
 - o Well Strung Concert
 - o Sunday Afternoon Tea Dance
- Transgender Programming

 - o TransParents: A monthly meeting collaboration with Rockland County PFLAG for parents and other relatives of Transgender children and youth. People served 18

 - o Transgender Day of Remembrance: Annual event to celebrate and honor Rockland's Transgender community and acknowledge the unjust treatment and violence against them.

 - Juried Art Exhibit and Sale to Benefit VCS Gay Pride Rockland: Collaboration with Rockland Center for the Arts, this annual event has become a highlight of summer exhibitions.
 - VCS Gay Pride Rockland Sunday: The first Pride event ever held in the Lower Hudson Valley. This is VCS' signature LGBT event.
 - Produced 2014 Directory of LGBT Friendly Businesses, Services and Community Organizations

Racial Justice Organizing

- Working Together for Racial Justice: Twelve (12) monthly meetings designed to create a forum for community agencies and individuals to join to support the tenets of the **Undoing Racism Workshop**.
- Participated in NYS' Regional Multi-Cultural Advisory Committee
- Presented on Racial Justice To Green Meadow Waldorf School staff and student body
- Screened The Color of Fear and presented on Racial Justice to Rockland County Department of Social Service and on Birth Disparities to the Hudson Valley Peri-Natal Network
- Co-Sponsored showing of The New Black with Rivertown Film Society

by the People's Institute for Survival and Beyond

Undoing Racism Workshop, annually administered by VCS Community Change Project, presented

Juried Art Exhibit & Sale to Benefit VCS Gay Pride Rockland



at Rockland Center of the Arts (RoCA

Foster Grandparent Program

- During 2014, 71 Foster Grandparents—including four new volunteers, volunteered in the educational programs around the county.
- The Foster Grandparents were at West Haverstraw Elementary School in Stony Point, NY. One of the volunteers worked in a Regular Ed classroom. The other grandpa worked in the Kindergarten program serving two classes, one in the morning the other in the afternoon. Most of the Kindergarten students in this class were English Language Learners with whom reading skills were being developing using guided reading, reading aloud, and formulating questions. These two volunteers served 61 students – 23 third graders and 38 kindergarteners (18am/20pm).
- The teachers identified students with whom the grandmas would be assigned to provide individual attention while working with all in the classroom so as not to make the students feel singled out. The grandmas carried out those responsibilities/activities as per teacher's assessment. Some of the functions they worked on with the students were:

SECOND GRADERS:

- *Practice re-reading texts
- *Spelling words
- *Encourage to work with others
- *multiplication/add/subtract facts
- *refocusing during group activities
- *encourage collaboration with others

KINDERGARTENERS:

- * Writing letters of [his/her] name and sight words
- * Identifying letters with corresponding sound
- *Praise and reward socially acceptable behaviors
- *Practice math facts count by 1s, 10s, 1-100
- *Practice spelling words
- *Re-reading familiar stories











Community Recognition

The Chazen Foundation continued its invaluable financial support for VCS.

NicePak/PDI Corporation was the event sponsor for the 2014 Golf Tournament to Prevent Child Abuse for the third year.

The Avon Foundation awarded VCS a grant to support counseling for victims of domestic violence.

PDI volunteers painted part of the agency to freshen up our building as part of the Day of Caring held by the United Way of Rockland.

Our signature events that occurred in 2014; Rockland County Pride, the Golf Outing and the Foster Grandparents Recognition Dinner were all well attended by Rockland County Officials as well as our supporters.



Executive VP Jon Kupperman and Director John Sullivan



Simona and Jerry Chazen and Connie Coker



Hon. William Warren



Hon. Sherri Eisenpress





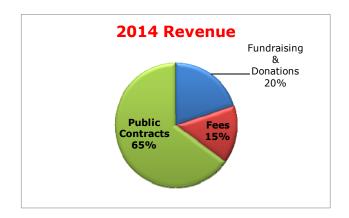
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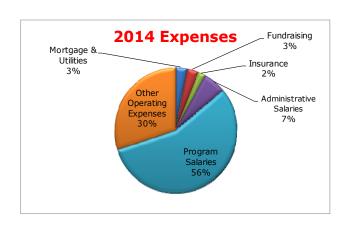
VCS Funding Sources

During 2014, VCS received funding from many generous private foundations, corporations and individual donors, as well as the following contractors:

Avon Products, Inc.
Camp Venture
County of Rockland
National Corporation for Community
Service
NYS Office for the Aging
NYS Office of Children and Family Services
Medicare
Ramapo High School
Rockland County Department of Probation

Rockland County Department of Social Services Rockland County District Attorney's Office Rockland County Youth Bureau Town of Clarkstown Town of Ramapo Town of Haverstraw United Way of Rockland County Village of Spring Valley





THANK YOU TO OUR VOLUNTEERS!

2014 Foster Grandparents

Salome Abordo Isabel Badillo

Cresencia C. Balagot Edumondo H. Balagot

May Barone

Sheila Bencivenga Miriam Berkowitz Margaret Brown Madie E. Bullock

Purification Cabusi Frances Calandra

Mary Clohessy Mildred Colter

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Elaine E. Taylor

Perla Tolentino

Lucille Van Sise

Frances Viola

JoAnne Weiss

Patricia Wilson



2014 Volunteers **LGBT Programs**

Judy Burns Kristina Burns Karen Cancro Peter Cancro Jennifer Cancro Peter Cheney Joseph Coe Jane Engel Ginny Geerdes

Tahrah Andrews

Nyisha Green-Washington Ahkeim Green-Washington

Jessie Grosso Merle Klein

Bev Goff

Arlene Levine Elaine Lind Matt Ortiz Michael Ortiz Hal Parker Louise Poresky **Dave Reiss**

Arnold Roufa, MD Darla Salmon Laurel Salmon Gio Scarcella Travis Tacon Flls Turk

2014 Volunteers **Domestic Violence Program** for Men

Dick Benfield Linda Berns

Maryalice Chaifetz

Tony Garnere Barry Goldstein

Phil Heffernan

Peter Hevmann Elena Martinez

Darla Salmon

Laurel Salmon

THANK YOU TO OUR VOLUNTEERS!

2014 Volunteer Counselors and Student Interns

Margie Adames-Torres Wendy Cohen Doris Katz **Suki Robins** Deana Adams Sonya Cook Benjamin Kaufman Myrna Rolon Judy Andersen Ariel De La Cruz Raman Kaul Kareen Ruiz Byron Avilan Karen Dorangrichia Lorraine Knabe Judy Ryan Consuelo Avilan Laura Dunnigan Nancy Kupperman Darla Salmon Kathy Bareket Phyllis Eisenberg Ian Laidlaw Laurel Salmon **Andrew Barist** Leigh Anne Fagin Sheri Langer Lucero Sanchez Rebecca Bassin Stella Farrell Janet Lassaw Jeanne Schultz **Darcy Bauer** Iris Febres Bari Lewart Paula Schwartz Maria Bautista Johanny Ferreira Laurie Lieberman Deborah Sheehan, Esq. Liana Bekker Dahlia Fishman David Shipper Debby Marcarelli Sheila Rees Foster Richard Benfield Susan Silver Angelica Marte Kathy Bernhardt Jason Fox Gail Maurer Sharon Slotnick Jill Bieber Rosemarie Frisone Audrey Mayer Karen Snyder-Kadish Clifford Stiebeck Deena Bloom Suzanne Gabel James McCabe Stephanie Blum Lorraine Garcia-Caravetta Chinee McMillian Pamela Stone Harriet Gardner Patrick Millien Nancy Bowen Veronica Strong Meryl Brown **Ginny Geerdes** Chana Moses Cindy Tabacco Elyce Brystol Mimi Gelb Linda Mower Alice Taylor Robert Bump Louis Gilbert Elizabeth O'Hara Debra J. Thomas Everlyn Pacheco-York Eileen Burge Julianna Green Erica Trestyn Jerlyn Calixte Phillip Heffernan Ellen Palop Angie Tyagi Diane Campbell Ishirelle Henry Maria Perez Denise Urena Kathy Carty Jody Innerfield Angela Piatek Chris Vanasse Maryalice Chaifetz Joan Ann Wasser Esther Joseph Marie Pierre Tina Chamak Judy Judka Myrna Price Nan Yuasa Elora Kalish **Bob Zollner** Pamela Cinque Ashley Rappaport

VCS Reception Volunteers

Barrie Austin Melissa Butler Jerlyn Calixte Ginny Geerdes Fran Greenberg Madeline Newman

VCS Golf Volunteers

Connie Coker
Hal Deutschman
Matt Deutschman
Toni Fallon
Ginny Geerdes
Wylene Branton Wood
Eileen Zollner



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Eva Hernandez-Goley, Director, Foster Grandparent Program





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\$10,000 or more

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\$1,000 - \$9,999.99

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Union Restaurant & Bar Latino

Veggie Heaven

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Vogue Salon Paul Wnorowski

Wylene Branton Wood

Yemaya Massage & Wellness Center Yuva Laser & Skin Care (Divya Kumra)

Eileen Zollner

^{*} Any omissions to our donor list are not intentional. We appreciate all the support we receive.

CAPITAL IMPROVEMENTS



Railings painted by Ginny and Eva



Lobby with new décor and furniture*



Third floor new TV and furniture *

- o *Furniture received from Active International
- Delivery was donated by Bernhardt Moving Company
- o Carpeting was donated by Betsy Benjamin
- o TV was a donation from Betsy Benjamin



Second floor with new carpeting and furniture*



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