



VCS Services and Contact People

VCS Telephone: (845) 634-5729

Category	Service	Notes	Contact
Counseling for Individuals	Counseling for Adults (age 19+)	Sliding scale available	Darla Salmon x3007
	Counseling for Adolescents (age 12-18)	Sliding scale available	Darla Salmon x3007
	Counseling for LGBT Individuals	Sliding scale available	Darla Salmon x3007
	Domestic Violence Victim/Survivor Counseling	Sliding scale available	Darla Salmon x3007 (English) Maritza Gomez x3077 (Spanish)
Counseling and Support for Students and their Families	Families in Need of Support (FINS)	A school-based intensive counseling and case management program for students and their families. Currently only taking referrals directly from participating schools.	Laurie Montanaro x3018
	VCS Rockland Student Advocacy Program	Information, support and direct advocacy regarding educational rights and responsibilities to parents/guardians of children with special needs age 0-20 living in Rockland County.	Monica Mandell x3020
Domestic Violence Program for Men	Domestic Violence Program for Men	Courts and other referral sources mandate participation for either fifty-two or twenty-six sessions.	Darla Salmon x3007 (English) Maritza Gomez x3077 (Spanish)

Category	Service	Notes	Contact
Education Groups and Counseling for Parents and Relatives Raising Children	Parenting Education for Women (available in English and Spanish)	12 Session Curriculum	Darla Salmon x3007
	Parenting Education for Men (available in English and Spanish)	12 Session Curriculum	Darla Salmon x3007
	VCS Parenting Apart Program	14 Hour Educational Program; 2-hour seminar plus 12 individual sessions	Darla Salmon x3007
	Relatives As Parents Program (RAPP) (available in English)	Free to attend	Darla Salmon x3007
	Parent/Child Relationship Counseling	Available to parents and their children to work individually on their relationship.	Darla Salmon x3007
Employee Assistance Program (EAP)	Employee Assistance Program (EAP)	Counseling available through the EAP program provides three sessions with a licensed counselor and option to subsequently transfer to a volunteer counselor on a sliding scale for fees	Ruth Colón-Wagner x3021
PUENTES Español/Spanish	Consejería Individual para Adultos (edades 19+)	Pago de acuerdo a su ingreso	Maritza Gomez x3077
	Consejería Individual para Adolescentes (edades 12-18)	Pago de acuerdo a su ingreso	Maritza Gomez x3077
	Grupo Apoyo para Mujeres	Un espacio seguro, donde compartimos unas con otras nuestros conocimientos y habilidades. Se presentan temas de interés tales como: salud mental y emocional, relaciones sanas, crianza amable y comunicación efectiva, y se comparte información oportuna sobre programas de ayuda comunitaria. Totalmente gratis	Maritza Gomez x3077

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Services for Older Adults and their Families	Older Adults Counseling Program	Multilingual, one-on-one weekly counseling sessions: in-office, virtual or at public venues. For Adults 60+.	Marie Wood-Smith x3013
	Information & Assistance	Connects individuals & families to needed resources in Rockland County	Marie Wood-Smith x3013
	Support Groups for Caregivers of Older Adults	Free to attend.	Marie Wood-Smith x3013

Support Groups	Support Group for Caregivers of Older Adults	Free to attend.	Marie Wood-Smith x3013
	Life Transitions Group	Updated information, guest speakers and peer support. Free to attend.	Marie Wood-Smith x3013
	Support and Discussion Group for Relatives Raising Children (RAPP) (available in English)	Free to attend.	Darla Salmon x3007
	Peer Support Group - Haverstraw, NY	Open to all residents at Haverstraw Place only. Free to attend.	Marie Wood-Smith x3013
	Peer Support Group - Pearl River, NY	Open to all residents at Promenade at Blue Hill only. Free to attend.	Marie Wood-Smith x3013
	Life Experience Group - New City, NY	Open to all residents at Sunrise Assisted Living only. Free to attend	Marie Wood-Smith x3013

Category	Service	Notes	Contact
Social Justice Programs	Diversity, Equity & Inclusion Committee	The Committee was created at VCS Inc. to promote and create a workplace environment that is inclusive.	Ruth Colón-Wagner x 3021
VCS Mental Health Clinic	VCS Mental Health Clinic	The VCS Mental Health Clinic is an Article 31 outpatient mental health clinic licensed by the New York State Office of Mental Health.	Lauren Montanaro x3018
Volunteer Counselor Training and Student Internships	VCS Volunteer Counselor Training	Training for people interested in becoming a VCS volunteer counselor.	Darla Salmon x3007
	Graduate Student Internships	For BSW, MSW, MFT and MHC students.	Azu Nieves x3029