



## VCS Services and Contact People

VCS Telephone: (845) 634-5729

Category	Service	Notes	Contact
<b>Counseling for Individuals</b>	Counseling for Adults (age 19+)	Sliding scale available	Darla Salmon x307
	Counseling for Adolescents (age 12-18)	Sliding scale available	Kathy Carty x314
	Counseling for LGBT Individuals & Families	Sliding scale available	Darla Salmon x307
	Domestic Violence Victim/Survivor Counseling	Sliding scale available	Darla Salmon x307
<b>Counseling and Support for Students and their Families</b>	Families in Need of Support (FINS)	A school-based intensive counseling and case management program for students and their families. Currently only taking referrals directly from participating schools.	Kathy Carty x314
	VCS Rockland Student Advocacy Program	Information, support and direct advocacy regarding educational rights and responsibilities to parents/guardians of children with special needs age 0-20 living in Rockland County	Beth Kipperman x320
<b>Domestic Violence Program for Men</b>	Domestic Violence Program for Men	Available for both mandated and voluntary referrals	Susanne Fitzpatrick x310

Category	Service	Notes	Contact
<b>Education Groups and Counseling for Parents and Relatives Raising Children</b>	Parenting Education Group for Women (available in English and Spanish)	12 Session Curriculum	Darla Salmon x307
	Parenting Education Group for Men (available in English and Spanish)	12 Session Curriculum	Darla Salmon x307
	VCS Parenting Apart Program	16 Hour Educational Program; 4 hour seminar held 6 times per year plus 12 counseling sessions	Darla Salmon x307
	Relatives As Parents Program (RAPP) (available in English and Spanish)	Free to attend	Azu Nieves x329

<b>Employee Assistance Program (EAP)</b>	Employee Assistance Program (EAP)	Counseling available through the EAP program provides three sessions with a licensed counselor and option to subsequently transfer to a volunteer counselor on a sliding scale for fees	Sarah Goforth x321
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<b>PUENTES Español/Spanish</b>	Consejería Individual para Adultos (edades 19+)	Pago de acuerdo a su ingreso	Azu Nieves x329
	Consejería Individual para Adolescentes (edades 12-18)	Pago de acuerdo a su ingreso	Azu Nieves x329
	Consejería de Pareja	Pago de acuerdo a su ingreso	Azu Nieves x329
	Grupo de Apoyo para Parientes Criando Niños (bilingue)	Gratis	Azu Nieves x329

Category	Service	Notes	Contact
<b>Services for Older Adults and their Families</b>	Outreach to Elders	Free short-term in-home counseling	Dina Nejman x313
	Older Adults Counseling Program	Multilingual, one-on-one weekly counseling sessions: in-office, virtual or at public venues. For Adults 60+	Dina Nejman x313
	Information & Assistance	Connects individuals & families to needed resources in Rockland County	Dina Nejman x313
	Caregiver Weekly Support Groups	Free to attend	Dina Nejman x313
<b>Support Groups</b>	Support Group for Caregivers of Older Adults	Free to attend	Dina Nejman x313
	Support and Discussion Group for Relatives Raising Children (RAPP) (available in English and Spanish)	Free to attend	Azu Nieves x329
<b>VCS Mental Health Clinic</b>	VCS Mental Health Clinic	The VCS Mental Health Clinic is an Article 31 outpatient mental health clinic licensed by the New York State Office of Mental Health.	Ian Laidlaw x318
<b>Volunteer Counselor Training and Student Internships</b>	VCS Volunteer Counselor Training	Training for people interested in becoming a VCS counselor.	Dina Nejman x313
	Student Internships	For BSW, MSW, MFT and MHC students	John Corcoran x338