



VCS Services and Contact People

VCS Telephone: (845) 634-5729

| Category | Service | Notes | Contact |
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| Counseling for Individuals | Counseling for Adults (age 19+) | Sliding scale available | Dina Nejman x313 |
| | Counseling for Adolescents (age 12-18) | Sliding scale available | Kathy Carty x314 |
| | Counseling for LGBT Individuals & Families | Sliding scale available | Dina Nejman x313 |
| | Domestic Violence Victim/Survivor Counseling | Sliding scale available | Dina Nejman x313 |

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| Counseling and Support for Students and their Families | Families in Need of Support (FINS) | A school-based intensive counseling and case management program for students and their families. Currently only taking referrals directly from participating schools. | Kathy Carty x314 |
| | VCS Rockland Student Advocacy Program | Information, support and direct advocacy regarding educational rights and responsibilities to parents/guardians of children with special needs age 0-20 living in Rockland County | Beth Kipperman x320 |

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| Domestic Violence Program for Men | Domestic Violence Program for Men | Available for both mandated and voluntary referrals | Susanne Fitzpatrick x310 |
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| Education Groups and Counseling for Parents and Relatives Raising Children | Parenting Education Group for Women (available in English and Spanish) | 12 Session Curriculum | Rosa Serrano-Delgado x329 |
| | Parenting Education Group for Men (available in English and Spanish) | 12 Session Curriculum | Rosa Serrano-Delgado x329 |
| | VCS Parenting Apart Program | 16 Hour Educational Program; 4 hour seminar held 6 times per year plus 12 counseling sessions | Darla Salmon x307 |
| | Relatives As Parents Program (RAPP) (available in English and Spanish) | Free to attend | Rosa Serrano-Delgado x329 |
| | Parent/Child Relationship Counseling | Sliding scale available | Dina Nejman x313 |

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| Employee Assistance Program (EAP) | Employee Assistance Program (EAP) | Counseling available through the EAP program provides three sessions with a licensed counselor and option to subsequently transfer to a volunteer counselor on a sliding scale for fees | Sarah Goforth x321 |
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| PUENTES Español/Spanish | Consejeria Individual para Adultos (edades 19+) | Pago de acuerdo a su ingreso | Rosa Serrano-Delgado x329 |
| | Consejeria Individual para Adolescentes (edades 12-18) | Pago de acuerdo a su ingreso | Rosa Serrano-Delgado x329 |
| | Consejeria de Pareja | Pago de acuerdo a su ingreso | Rosa Serrano-Delgado x329 |
| | Grupo de Apoyo para Parientes Criando Niños (bilingue) | Gratis | Rosa Serrano-Delgado x329 |

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| Services for Older Adults and their Families | Outreach to Elders | Free short-term in-home counseling | Dina Nejman x313 |
| | Older Adults Counseling Program | Multilingual, one-on-one weekly counseling sessions: in-office, virtual or at public venues. For Adults 60+ | Dina Nejman x313 |
| | Information & Assistance | Connects individuals & families to needed resources in Rockland County | Dina Nejman x313 |
| | Caregiver Weekly Support Groups | Free to attend | Dina Nejman x313 |

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| Social Justice Programs and Trainings | Social Justice Training in the Workplace | Professional trainers are available for consultations and/or presentations | Phyllis B. Frank (914) 646-8113 pbfrank@aol.com |
| | Working Together for Racial Justice | An ongoing dialogue about eliminating racism on the job and in the community. Free to attend. | Phyllis B. Frank (914) 646-8113 pbfrank@aol.com |
| | The New York Model for Batterer Programs National Training: Domestic Violence Offender Accountability, Monitoring, and Batterer Programs | The training is designed for court personnel, probation and parole officers, prosecutors, defense bar, and domestic violence advocates. This training is also useful for those who work in batterer programs and with domestic violence offenders in other venues. CASAC hours available. | Phyllis B. Frank (914) 646-8113 pbfrank@aol.com |

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| | Support Group for Caregivers of Older Adults | Free to attend | Dina Nejman x313 |
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| Support Groups | Support and Discussion Group for Relatives Raising Children (RAPP) (available in English and Spanish) | Free to attend | Rosa Serrano-Delgado x329 |
| VCS Mental Health Clinic | VCS Mental Health Clinic | The VCS Mental Health Clinic is an Article 31 outpatient mental health clinic licensed by the New York State Office of Mental Health. | Ian Laidlaw x318 |
| Volunteer Counselor Training and Student Internships | VCS Volunteer Counselor Training | Training for people interested in becoming a VCS counselor. | Dina Nejman x313 |
| | Student Internships | For BSW, MSW, MFT and MHC students | John Corcoran x338 |