



VCS Services and Contact People

VCS Telephone: (845) 634-5729

Category	Service	Notes	Contact
Counseling for Individuals	Counseling for Adults (age 19+)	Sliding scale available	Dina Nejman x313
	Counseling for Adolescents (age 12-18)	Sliding scale available	Kathy Carty x314
	Counseling for LGBT Individuals & Families	Sliding scale available	Dina Nejman x313
	Domestic Violence Victim/Survivor Counseling	Sliding scale available	Dina Nejman x313

Counseling and Support for Students and their Families	Families in Need of Support (FINS)	A school-based intensive counseling and case management program for students and their families. Currently only taking referrals directly from participating schools.	Kathy Carty x314
	VCS Rockland Student Advocacy Program	Information, support and direct advocacy regarding educational rights and responsibilities to parents/guardians of children with special needs age 0-20 living in Rockland County.	Beth Kipperman x320

Domestic Violence Program for Men	Domestic Violence Program for Men	Available for both mandated and voluntary referrals	Susanne Fitzpatrick x310
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Category	Service	Notes	Contact
Education Groups and Counseling for Parents and Relatives Raising Children	Parenting Education Group for Women (available in English and Spanish)	12 Session Curriculum	Montserrat Santana x333
	Parenting Education Group for Men (available in English and Spanish)	12 Session Curriculum	Montserrat Santana x333
	VCS Parenting Apart Program	16 Hour Educational Program; 4 hour seminar held 6 times per year plus 12 counseling sessions	Darla Salmon x307
	Relatives As Parents Program (RAPP) (available in English and Spanish)	Free to attend	Montserrat Santana x333
	Parent/Child Relationship Counseling	Sliding scale available	Dina Nejman x313

Employee Assistance Program (EAP)	Employee Assistance Program (EAP)	Counseling available through the EAP program provides three sessions with a licensed counselor and option to subsequently transfer to a volunteer counselor on a sliding scale for fees	Sarah Goforth x321
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PUENTES Español/Spanish	Consejeria Individual para Adultos (edades 19+)	Pago de acuerdo a su ingreso	Rosa Serrano-Delgado x329 Montserrat Santana x333
	Consejeria Individual para Adolescentes (edades 12-18)	Pago de acuerdo a su ingreso	Rosa Serrano-Delgado x329 Montserrat Santana x333
	Consejeria de Pareja	Pago de acuerdo a su ingreso	Rosa Serrano-Delgado x329 Montserrat Santana x333
	Grupo de Apoyo para Parientes Criando Niños (bilingue)	Gratis	Rosa Serrano-Delgado x329 Montserrat Santana x333

Category	Service	Notes	Contact
Services for Older Adults and their Families	Outreach to Elders	Free short-term in-home counseling	Jill Bieber x319
	Caregiver Resource Center	Telephone consultations for individuals, family meetings to help make decisions, or workshops for groups.	Jill Bieber x319
	Grandparents Raising Children Monthly Support Group	Free to attend	Jill Bieber x319
	Caregiver Weekly Support Groups	Free to attend	Jill Bieber x319

Social Justice Programs and Trainings	Social Justice Training in the Workplace	Professional trainers are available for consultations and/or presentations	Phyllis B. Frank x312
	Working Together for Racial Justice	An ongoing dialogue about eliminating racism on the job and in the community. Free to attend.	Phyllis B. Frank x312
	The New York Model for Batterer Programs National Training: Domestic Violence Offender Accountability, Monitoring, and Batterer Programs	The training is designed for court personnel, probation and parole officers, prosecutors, defense bar, and domestic violence advocates. This training is also useful for those who work in batterer programs and with domestic violence offenders in other venues. CASAC hours available.	Phyllis B. Frank x312

	Support Group for Caregivers of Older Adults	Free to attend	Jill Bieber x319
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Support Groups	Support Group for Grandparents or Relatives Raising Children	Free to attend	Jill Bieber x319
	Support and Discussion Group for Relatives Raising Children (RAPP) (available in English and Spanish)	Free to attend	Montserrat Santana x333

VCS Mental Health Clinic	VCS Mental Health Clinic	The VCS Mental Health Clinic is an Article 31 mental health clinic licensed by the New York State Office of Mental Health.	Ian Laidlaw x318
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Volunteer Counselor Training and Student Internships	VCS Volunteer Counselor Training	Training for people interested in becoming a VCS counselor.	Dina Nejman x313
	Student Internships	For BSW, MSW, MFT and MHC students	John Corcoran x338